



Canoe England Coaching Service

Continuous Coach Development Record

Section 1 – Personal Details

Name	
Canoe England Memb. No.:	
Region:	

If you have changed your address please provide your new details on the reverse of this form.

Section 2 – Coaching Activity

Please provide a short resume of your recent coaching activity (within the last 3 years)

What coaching role do you fulfil?	
Who do you coach?	
Purpose of your coaching?	
How often?	
Other info	

Signed (by applicant):		Date:	
REFeree NAME:		ASSESSOR STATUS/ Canoe England No.:	
Referee should be at least one coaching level higher than you and should be able to confirm the information provided is correct			

Please return to BCUNA, 320 W. Saugerties Rd. Saugerties, NY 12477
Please also provide copies of relevant certificates



Canoe England Coaching Service

Section 3 – Coach Development Record

Please detail any workshops / courses / training, you have attended over the last 3 years, in the relevant fields to support your update of your coaching awards (revalidation).

3.1 Water Safety

Date	Workshop / Course / Training	Time	Verification

3.2 HSE and legislative guidelines

Date	Workshop / Course / Training	Time	Verification

3.3 Coaching and Assessment

Date	Workshop / Course / Training	Time	Verification

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Canoe England Self Assessment Guidelines:

The self-assessment form provides coaches with a further opportunity to reflect on their coaching activity over the three-year update cycle and their particular involvement in the specified update areas. These areas could include any relevant training, workshops, or courses that demonstrate long-term training and sharing of good practise in Paddlesport coaching. The three areas identified as important for coaches to keep up to date in are:

- Water safety (appropriate to the water used and level of coach)
- Health & Safety Executive and Legislative Guidelines
- Coaching and assessing

Examples of suitable workshops, courses, and training:

1.1 Water Safety

E.g. Water Safety training / Club or Centre safety review / safety training / site risk assessment and or review / pool lifeguard award [Evidence could include: Minuted Club or centre or organisation meeting / mentor or head coach signature].

1.2 HSE and legislative guidelines

E.g. BCU (or other NGB equivalents) 2 – 3 hour Workshop on Child Protection, Disability Awareness, Risk Assessment, Duty of Care, Equity etc. Sports Coach UK (NCF) Courses (as above) Accredited HSE training through college or through CPD programme at work.

1.3 Coaching and Assessment

E.g. BCU Regional / National Squad athlete or coach sports science education BCU (or other NGB equivalents) Assessor Training day FE or University accredited sports coach training e.g. Sports Science degree, Sports Coach degree / diploma or Key skills training relating to coaching, other academic sports coaching awards

Monitoring: In order to ensure that the self-assessment process is effective all self-assessment forms returned are checked to ensure that coaches are themselves following the correct procedure and that they are up to date. Where it is felt that additional updating is necessary to ensure consistency and currency, coaches will be advised of this and recommendation given as to what they need to do. While self-assessments returned will be recorded on our database, only those considered to have indicated that the coach is up-to-date will be validated and show the coach to indeed be up-to-date within the current overall procedures

What happens next? If the form meets the necessary requirements, the coaches' record is updated from the date the form was signed. From a quality assurance point of view a percentage of self-assessment applications will be followed up with declared referees. However, if it is felt that the coach needs to undertake further update work we will write to them with an action plan suggesting where to go from here.



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Should you have any further queries concerning Coach Update please feel free to contact the Coaching Service at coaching@bcu.org.uk or info@BCUNA.com

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